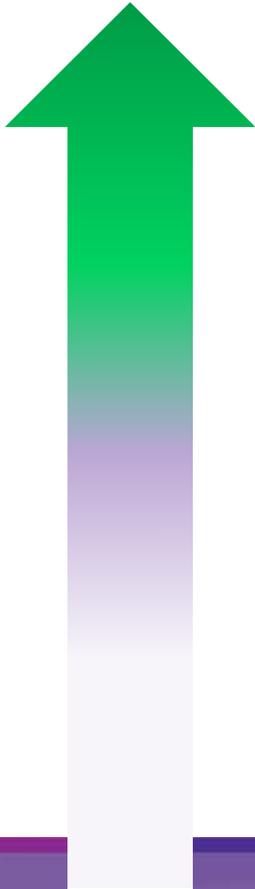


Better Care Together

*A plan for Queensland's state-funded
mental health, alcohol and other drug services to 2027*

System pressure and increased demand



Between 2019-20 and 2020-21

12%

increase to **referrals for mental health community treatment services**

97%

increase in people presenting with **eating disorders**

20%

Increase in **referrals for adolescents** (12-17 years old) for community treatment services

Between 2016-17 and 2020-21

14%

Average increase per year in presentations to Emergency Departments (ED) with a **self-harm or suicide ideation diagnosis**



additional pressure at the entry point into the public system

2022-23 State Budget

- Through the 2022-23 State Budget the Queensland Government committed **\$1.645 billion** in new funding over the next five years to improve mental health, alcohol and other drug services and for a range of initiatives to support suicide prevention.
- This funding will support the Queensland Government to deliver:
 - *Better Care Together*
 - responses to recommendations of the *Mental Health Select Committee – Report No. 1, 57th Parliament – Inquiry into the opportunities to improve mental health outcomes for Queenslanders*
 - *Bilateral Schedule to the National Mental Health and Suicide Prevention Agreement*
 - *Achieving balance: The Queensland Alcohol and Other Drugs Plan 2022-2027*

**Watch a video of Ivan
and John describing
Better Care together and
Achieving Balance plus
view the extra Q&A's.**

<https://vimeo.com/766314971/40de4da386>

Principles

Upholding human rights and respecting dignity and diversity of people using services

Person-centred, recovery-oriented, rights-based treatment, care and support

Harm minimisation and delivering least restrictive models of care





Implementation - Work Packages BCT

Service Delivery - Health

- Responding to MH Crisis and Suicidality
- MHAOD Services for First Nations People
- Adults and Older Persons
- New Parents and Infants
- Children, Adolescents, Young People and their families

Service Delivery - Others

- AOD responses beyond the Health System
- Social Determinants of Health
- Health and Wellbeing Promotion

Enablers

- Quality Improvement
- MHAOD Workforce
- Capital Projects
- Digital Strategy

Mental Health Select Committee *Inquiry into the opportunities to improve mental health outcomes for Queenslanders*

Findings:

- vital to support all pillars of the system, such as prevention, crisis response, harm reduction, treatment and recovery
- Queensland Government's important role in working across sectors to provide holistic responses and support for people, including working with people with lived experience to reform and improve the system
- identified significant opportunities to improve mental health and wellbeing in Queensland across the continuum spanning prevention, diagnosis, early intervention, crisis care, acute care, rehabilitation and ongoing care.

Queensland Government response to MHSC report

- Queensland Government supports all 57 recommendations outright or in principle
- *Better Care Together directly or indirectly* supports over 50 recs
- Additional funding to 13 recs for social determinants and broader health and wellbeing
 - Stigma campaign, WOG Trauma Strategy, MH& Wellbeing Strategy, cross sector suicide prevention
 - Housing, employment, schools, workplace
 - Special groups to supplement BCT
 - AOD outside direct treatment services in AB
- Additional work with Commonwealth required over primary care, Medicare funding and through bilateral agreement
- Available here: <https://documents.parliament.qld.gov.au/tp/2022/5722T1277-5322.pdf> tabled 6 September 2022

Through the implementation of Better Care Together we expect the following outcomes



Individuals and the workforce are supported via digitally enabled healthcare

Individuals, families and carers have improved health and wellbeing outcomes



Multidisciplinary mental health, alcohol and other drug clinical and non-clinical workforces operating at full scope of practice in collaboration with partners

Services individually tailored, coordinated with partners, and delivered close to home and in a safe and timely manner



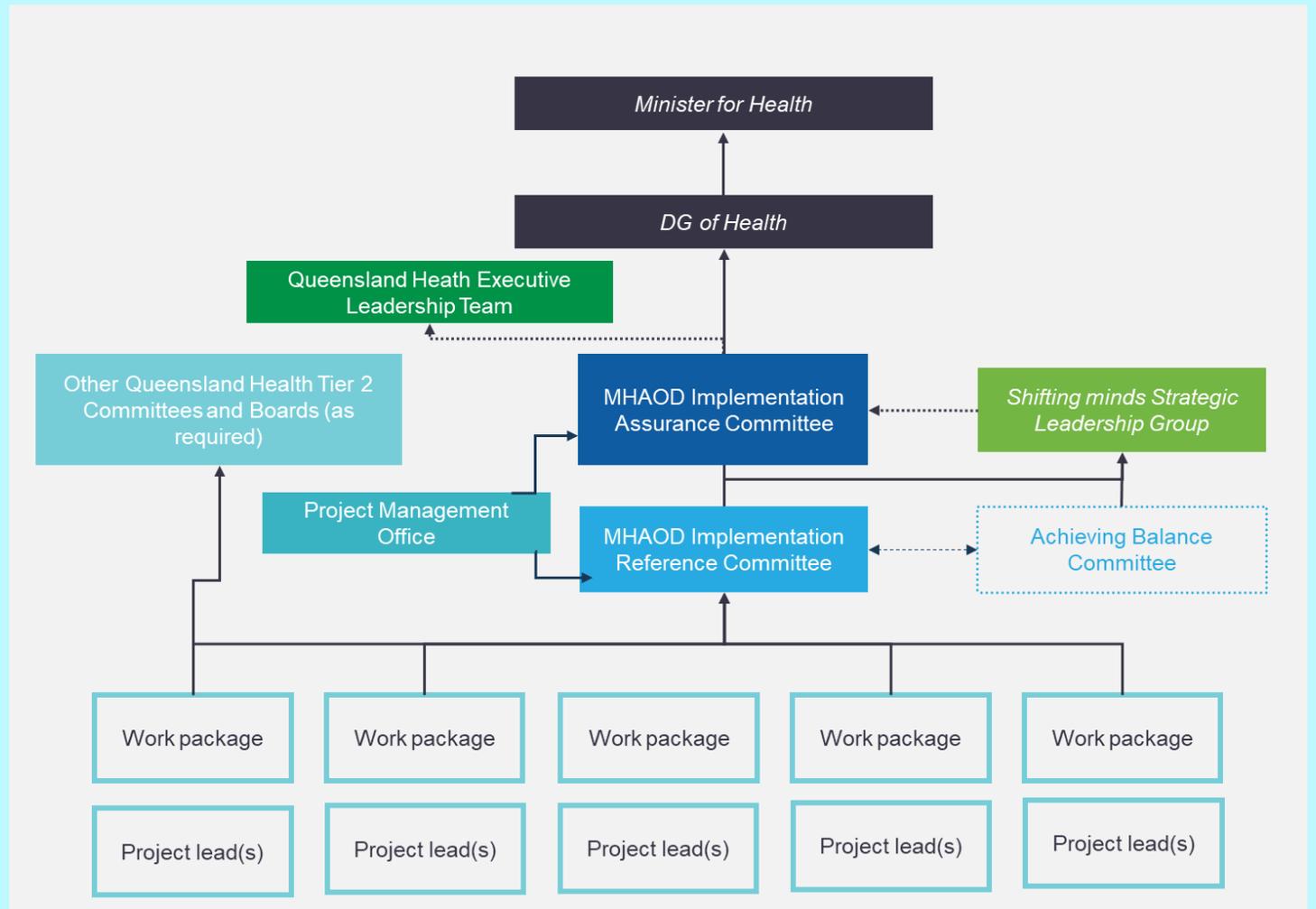
An information-enabled efficient mental health, alcohol and other drug service system which measures and demonstrates success



Individuals can access and navigate their care pathway with a range of high-quality services available

Effective implementation relies on strong leadership and governance

- Better Care Together
- Recommendations of Mental Health Select Committee of Inquiry
- Commonwealth Bilateral Agreement
- Achieving Balance



Where can we make the most change?

- Mental healthcare regional plans, governance principles local change & involvement
- Models of service - to deliver accessible and affordable community-based treatment and care for people experiencing mild to moderate and severe and enduring mental illness or psychological distress
- Alternatives to crisis
- Psychosocial support
- Influences outside health portfolios
- Workforce is essential – new roles & changed practice
- Health funding and health system needs to fundamentally change if we don't want it to crash and burn – generally a shift to the left

Thank you!

www.health.qld.gov.au